

NOVEMBER 24 IS PUBLIC HEALTH THANK YOU DAY

**PREVENTION:
PROTECTING WHAT'S
IMPORTANT TO YOU**

Every year, prevention and public health research save millions of lives by giving people the information they need to avoid injuries, illnesses and chronic diseases such as diabetes, arthritis and heart disease. But because prevention isn't something we can usually see, we often take it for granted.



As Thanksgiving approaches, join us in thanking your state and local public health professionals for protecting what's important to you. Now more than ever America's commitment to protecting our nation's health through prevention is essential.

To send your public health hero an e-thank you card and to find other ways to say thanks, go to www.publichealththankyouday.org.

PREVENTION
Protecting what's important to you.

