

NOVEMBER 24 IS PUBLIC HEALTH THANK YOU DAY

**PREVENTION:
PROTECTING WHAT'S
IMPORTANT TO YOU**

Every year, prevention and public health research save millions of lives by giving people the information they need to avoid injuries, illnesses and chronic diseases such as diabetes, arthritis and heart disease. But because prevention isn't something we can usually see, we often take it for granted. Prevention also has huge economic benefits by keeping Americans out of hospitals and on the job. Who knows how much more could be done if prevention and public health research received more than one cent of every health dollar? Even so, agencies such as the Centers for Disease Control and Prevention that lead the prevention effort must continue to protect the health of our nation.



As Thanksgiving approaches, join us in thanking your state and local public health professionals for protecting what's important to you. Now more than ever America's commitment to protecting our nation through prevention is essential.

To send your public health hero an e-thank you card and to find other ways that you can say thanks, go to www.publichealththankyouday.org.

PREVENTION
Protecting what's important to you.

