



EXPERTS AGREE THE BEST WAY TO OVERCOME A HEART ATTACK IS BY NOT HAVING ONE.

Every year, prevention and public health research save millions of lives by giving people the information they need to avoid injuries, illnesses and chronic diseases such as diabetes, arthritis and heart disease. Prevention also has huge economic benefits by keeping Americans out of hospitals and on the job. But because prevention isn't something we can usually see, we often take it for granted. In fact, prevention and public health research receive less than one cent of every health care dollar. However, agencies like the Centers for Disease Control and Prevention, which are leading the prevention effort, must continue to protect the health of our nation. To see what prevention means to you, visit researchamerica.org.

PREVENTION

Protecting what's important to you.

