5 Easy Steps to Reach Your Congressional Candidates

• **Step 1**: Visit a non-partisan election guide website like [ballotpedia.org](http://ballotpedia.org).

• **Step 2**: Select “2022 Elections” from the site navigation bar on the right side of the webpage to access the “preview your ballot” tab.

• **Step 3**: Enter your home address when prompted and follow the link to the upcoming election overview.

• **Step 4**: Obtain contact information by clicking on their linked bios where you’ll find their campaign website, twitter handle and social media pages.

• **Step 5**: Share this [fact sheet](#) and your own reasons for wanting faster medical progress!