Physical and Mental Health Are Equally Important to Americans

Considering your own health, do you think that mental health or physical health is more important or are they equally important?

- Physical health more important: 88%
- Mental health more important: 6%
- Equally important: 5%
- Don't know: 1%

Source: America Speaks on Suicide, 2004
Charlton Research Company for Research!America and SPAN USA
Physical and Mental Health Not Treated With Equal Importance

Do you think that mental health or physical health are treated with equal importance in our current health care system?

- 62% Physical health treated with more importance
- 26% Mental health treated with more importance
- 7% Mental and physical health treated with equal importance
- 5% Don't know

Source: America Speaks on Suicide, 2004
Charlton Research Company for Research!America and SPAN USA
Do you agree or disagree that health services that address mental health, such as treatment for depression and suicide prevention, are fundamental to overall health and should be part of any basic health care plan?

71% Strongly Agree
20% Somewhat agree
6% Disagree
3% Don't know

Source: America Speaks on Suicide, 2004
Charlton Research Company for Research!America and SPAN USA
Survey Methodology

- Research!America has been gauging public opinion on attitudes toward health-related research since 1992. SPAN USA recently partnered with Research!America to commission a poll on how Americans feel about mental health issues.

- Charlton Research Company conducted a telephone poll among 800 adults nationwide. The entire sample is proportionate to the country’s demographics, including geography, gender and ethnicity.

- The survey, fielded August 28-September 3, 2004, has a theoretical sampling error of ± 3.5%.