



# Perception of Migraine among Sufferers and Non-Sufferers

September 2017

National Public Opinion Survey Commissioned by  
Research!America

# National Survey Methodology

## Migraine Sufferers

This nationwide online survey was conducted by Zogby Analytics on behalf of Research!America in September 2017 among 246 adults with migraine. This survey has a theoretical sampling error of +/- 6.3 percentage points.\*

## Non-Sufferers

This nationwide online survey was conducted by Zogby Analytics on behalf of Research!America in September 2017 among 720 adults without migraine. This survey has a theoretical sampling error of +/- 3.7 percentage points.\*

## General Population

This nationwide online survey was conducted by Zogby Analytics on behalf of Research!America in September 2017 among 1,003 adults. This survey has a theoretical sampling error of +/- 3.1 percentage points.\*

\*Due to rounding, the total may not add up to 100 on some slides.

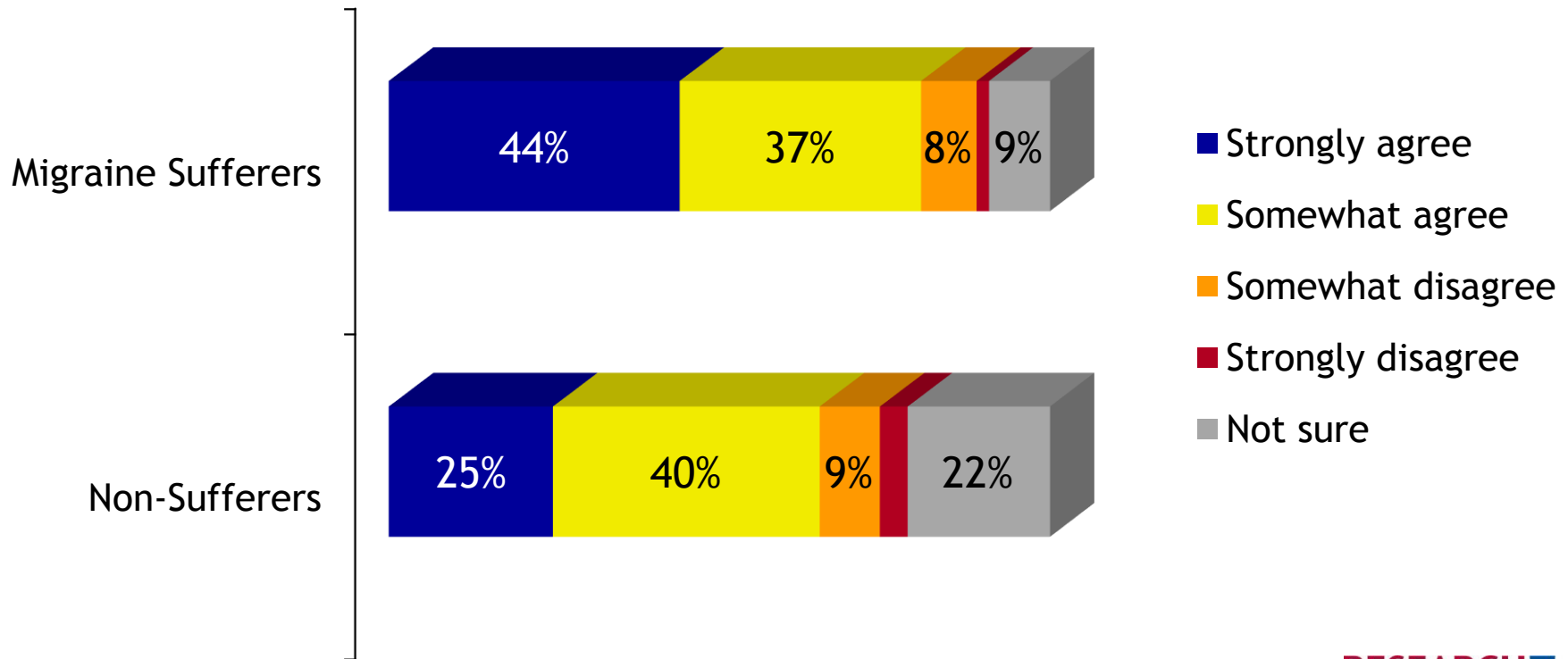
# Most Concerned Migraine Could Negatively Impact Quality of Life and Productivity

Which of the following would concern you as a consequence of suffering from migraine? (Choose all that apply)

	Migraine Sufferers	Non-Sufferers
Quality of life	75%	64%
Productivity	63%	44%
Employment	45%	33%
Family/Relationships	38%	30%
Not sure	9%	26%
Independence	29%	20%
Other	1%	1%

# Majority Agree Migraine Substantially Impacts Ability to Carry Out Activities

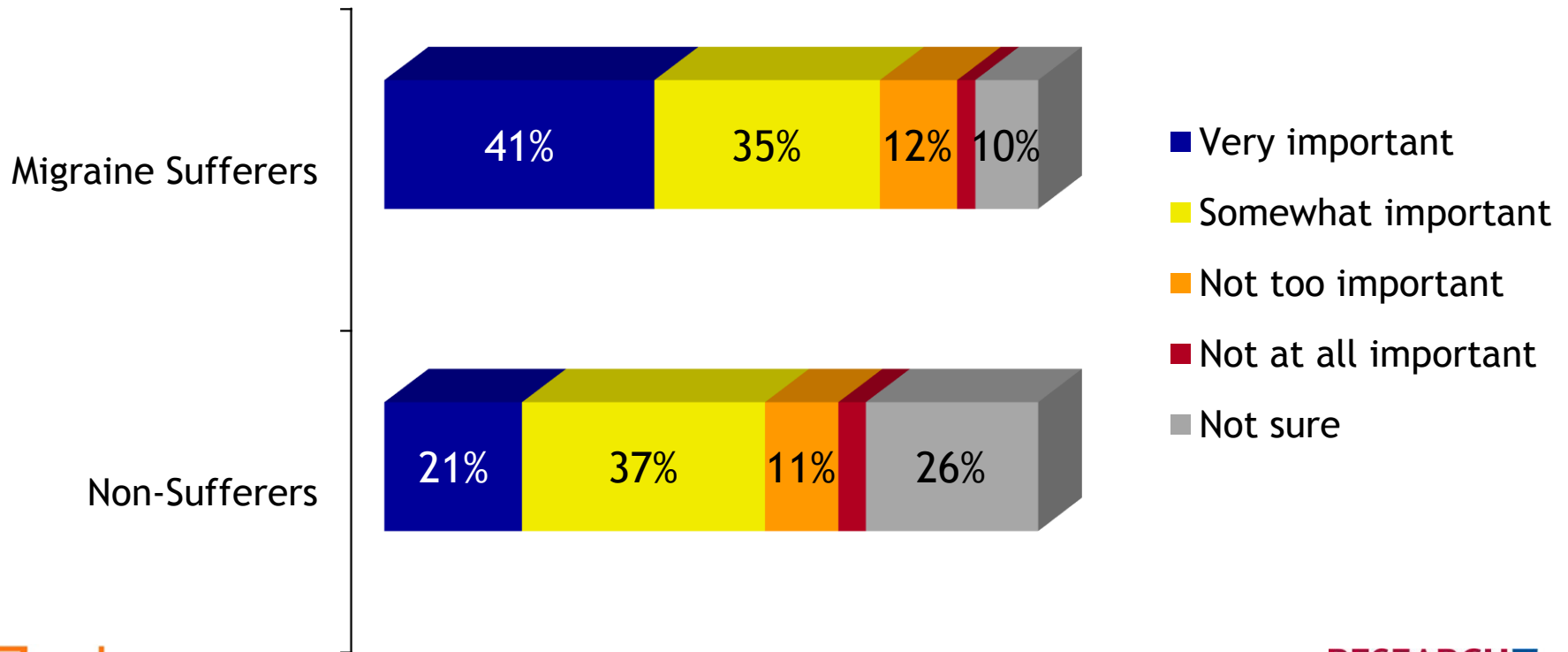
Do you agree or disagree with the following statement: migraine is likely to have a long-term and substantial effect on your ability to carry out normal day-to-day activities.



Source: A Research!America survey of U.S. adults conducted in partnership with Zogby Analytics in September 2017.

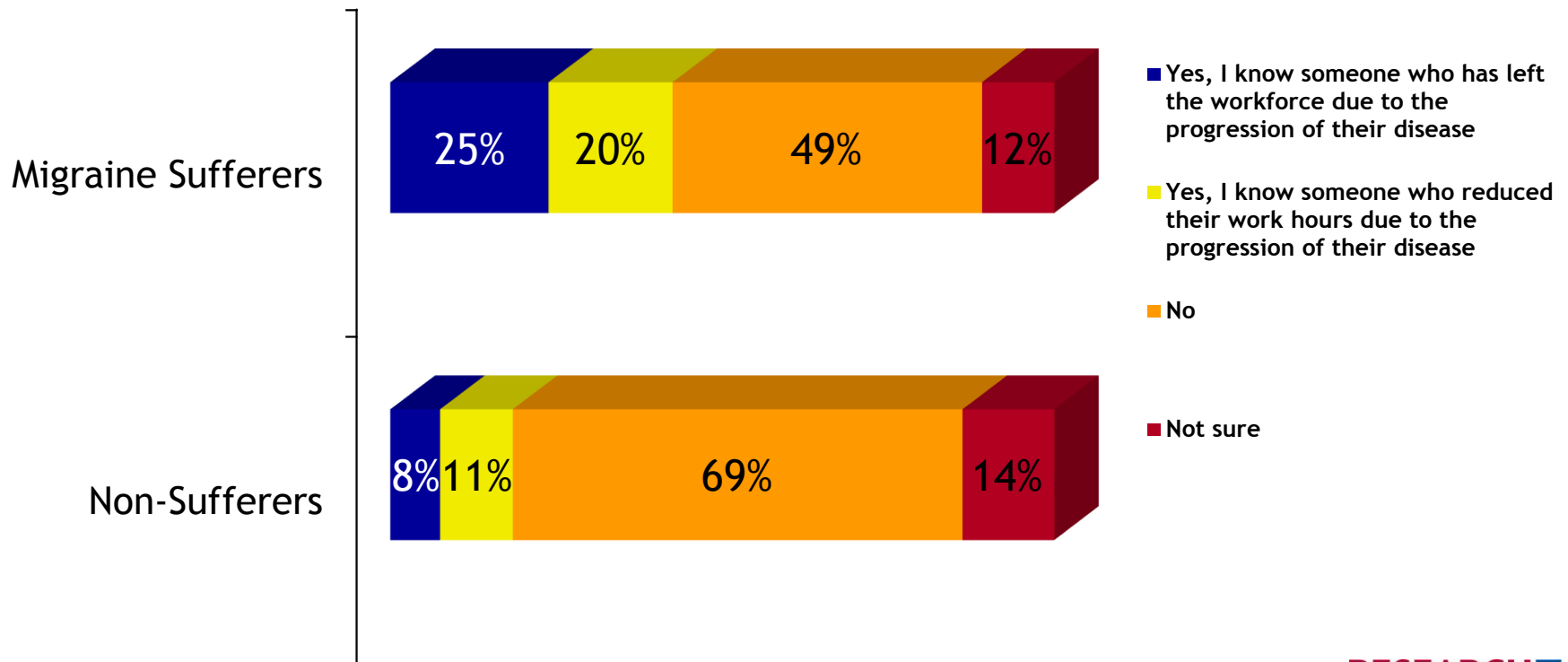
# Majority Say It's Important for Workplace to Accommodate Migraine Sufferers

How important is it for employers to make reasonable adjustments to the workplace to accommodate employees who suffer from migraine?



# Both Groups Know Someone Who Has Left Job or Reduced Hours Due to Migraine

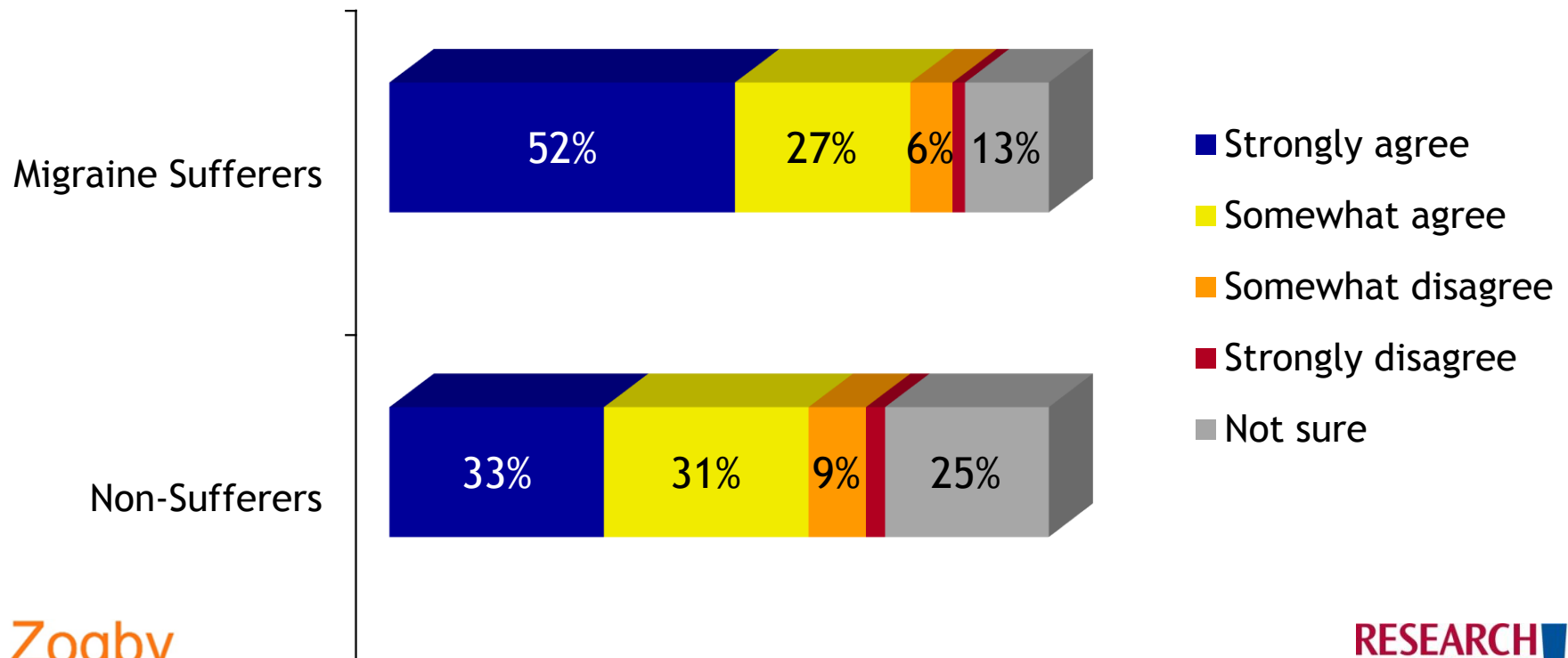
Do you know anyone suffering from migraine who has left the workforce or reduced their work hours due to the progression of their disease? (Choose all that apply)



Source: A Research!America survey of U.S. adults conducted in partnership with Zogby Analytics in September 2017.

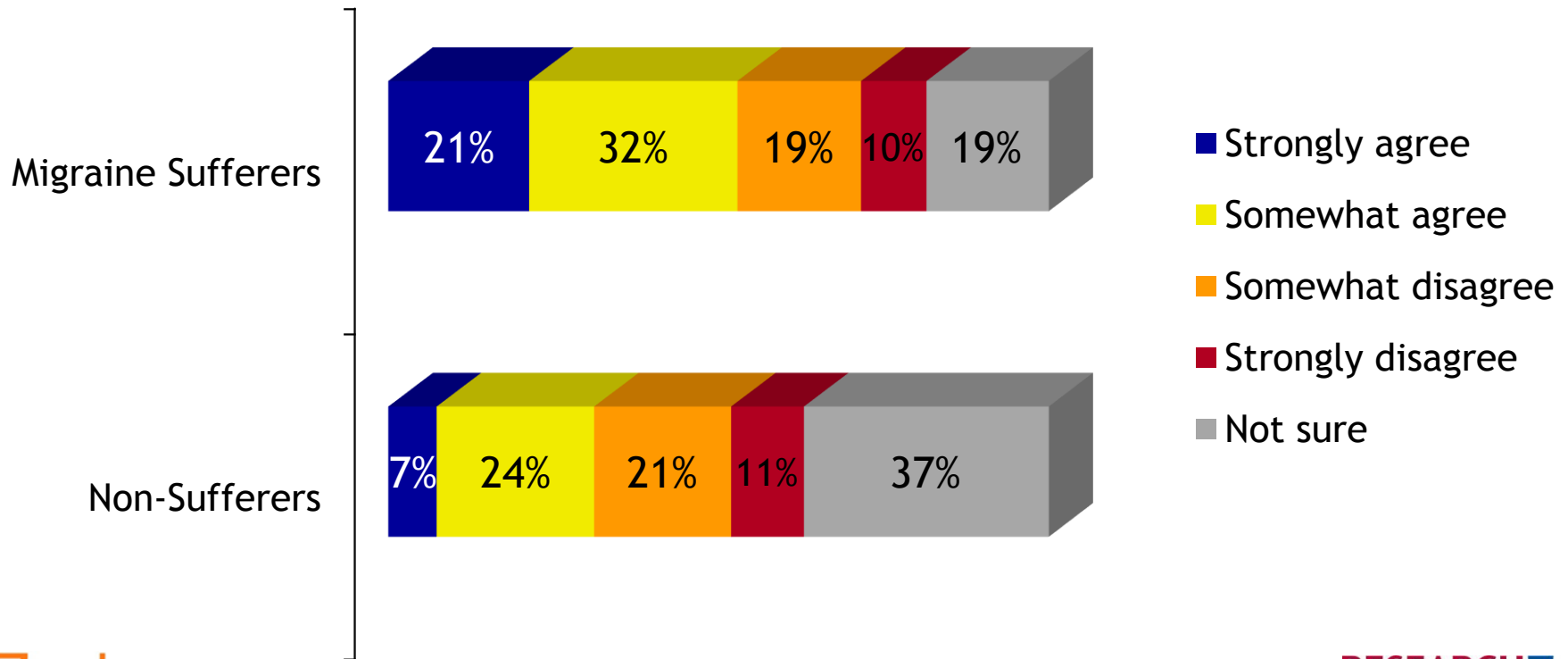
# Majority Agree Insurers Should Cover Prevention, Alternative Migraine Treatments

Insurers such as Medicare and some private insurers cover treatments for migraine but do not help pay for prevention or alternative migraine treatments. Do you agree or disagree that insurers should cover prevention or alternative migraine treatments?



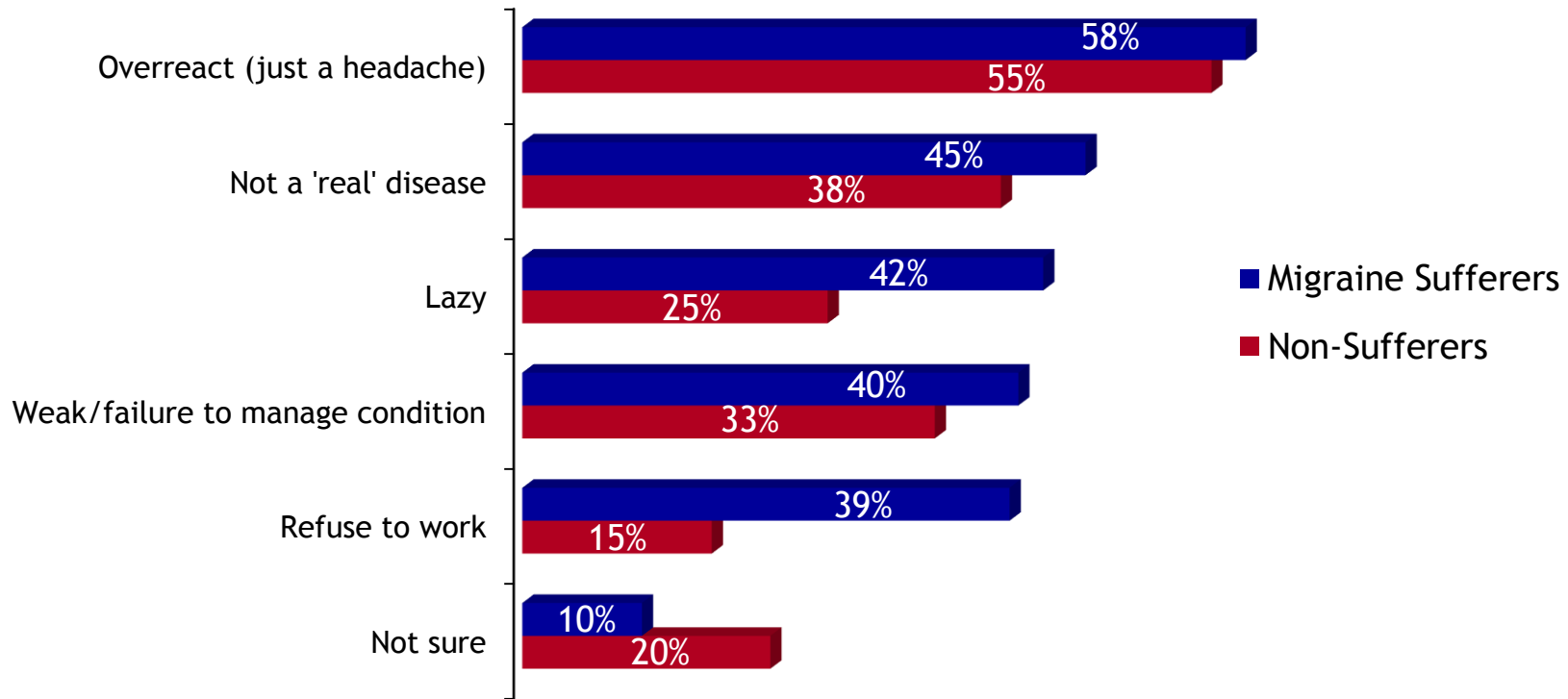
# More Than Half of Migraine Sufferers Agree They Are Stigmatized

Do you agree or disagree that individuals with migraine are stigmatized because of their condition?



# Many Say 'Overreaction' Most Common Social Stigma Linked to Migraine

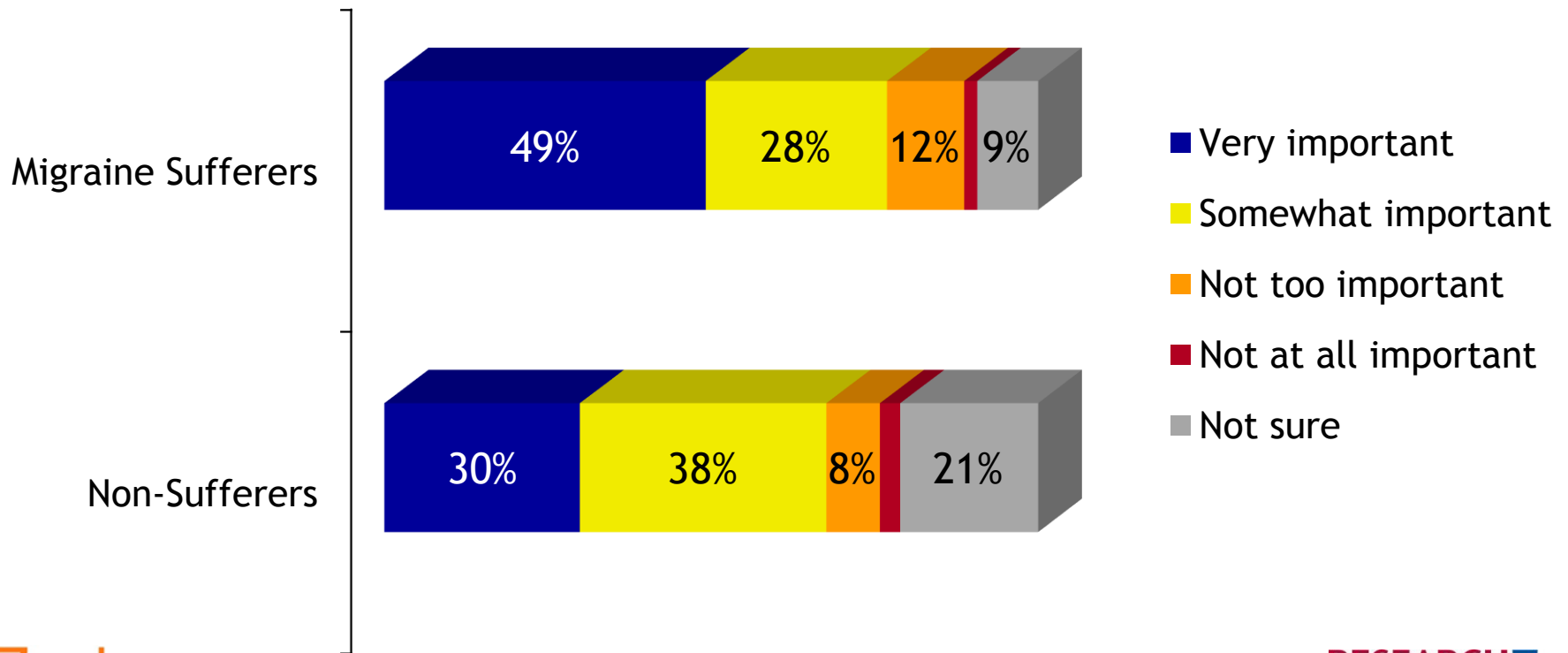
What would you say are the most common social stigma associated with individuals with migraine? (Choose all that apply)



Source: A Research!America survey of U.S. adults conducted in partnership with Zogby Analytics in September 2017.

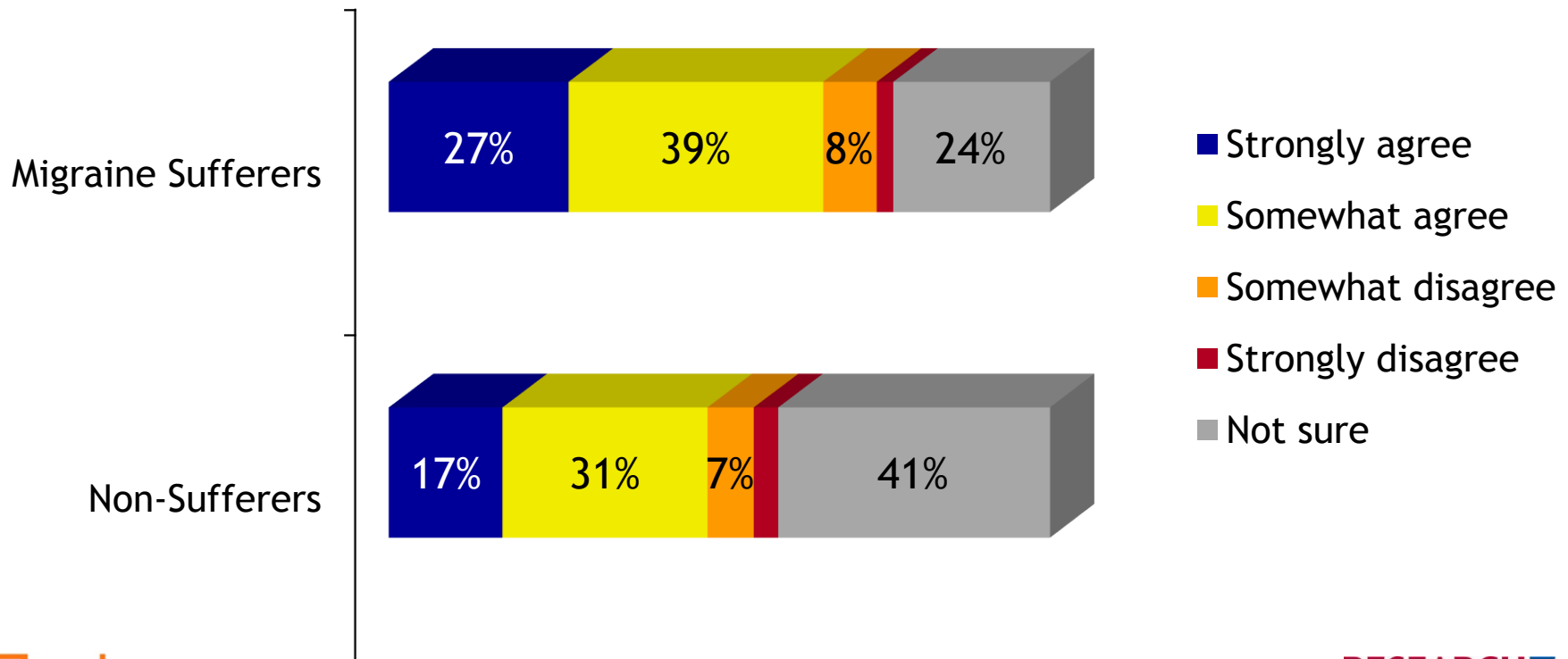
# Strong Majority Agree U.S. Should Support Migraine Research

How important is it that our nation supports research that focuses on the prevention and treatment of migraine?



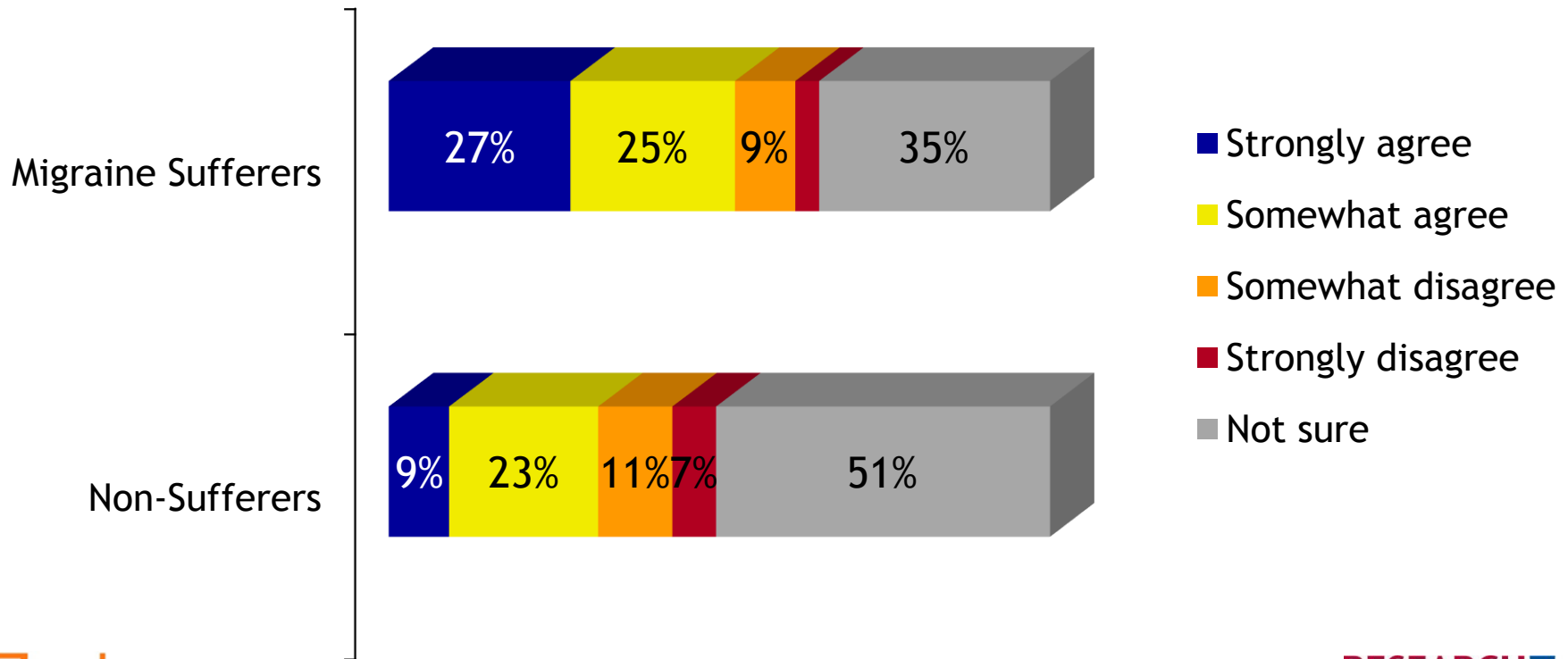
# Majority of Sufferers Agree Migraine Disproportionately Affects Women

Do you agree or disagree that... Women disproportionately suffer from migraine?



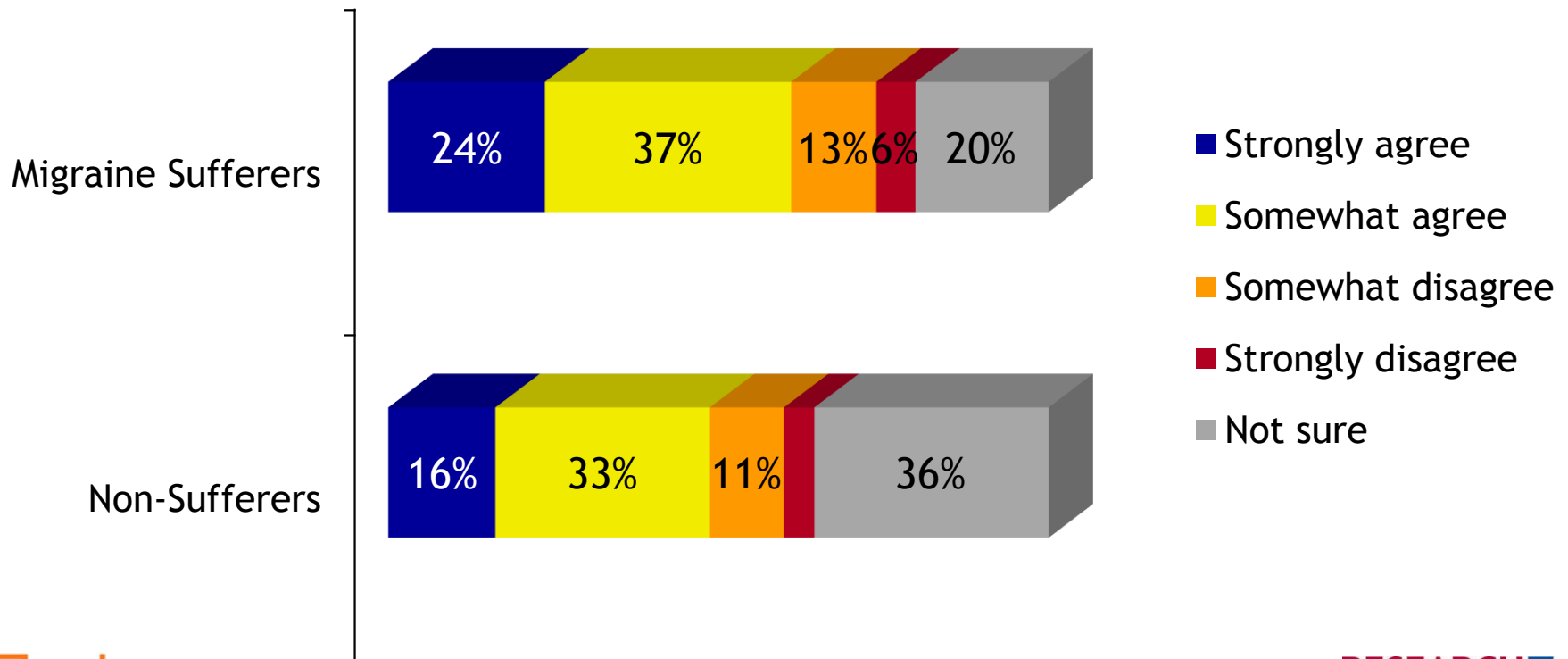
# More Than Half of Sufferers Agree Migraine Disproportionately Affects Veterans

Do you agree or disagree that... Veterans are disproportionately affected by migraine?



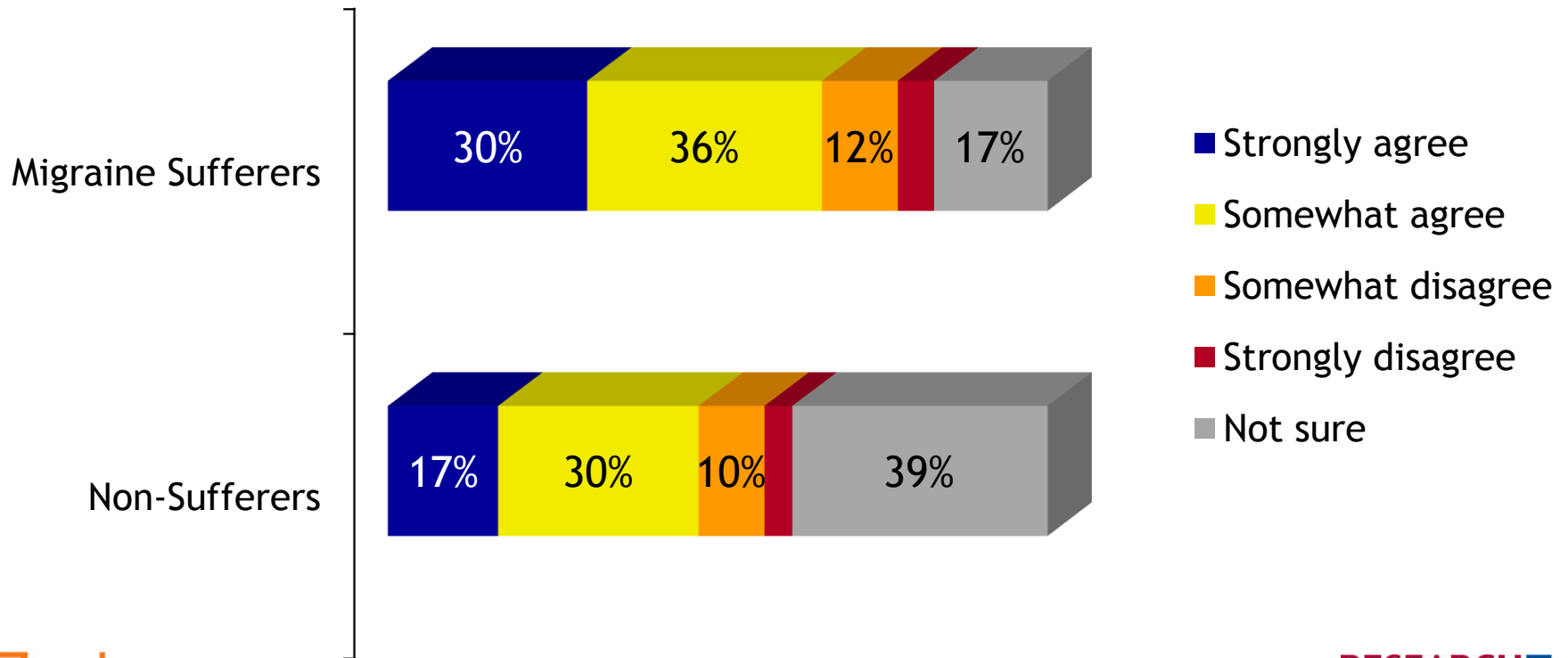
# Majority of Migraine Sufferers Agree With Risk of Overusing Medications

Do you agree or disagree that... Migraine sufferers are at risk of overusing medications?



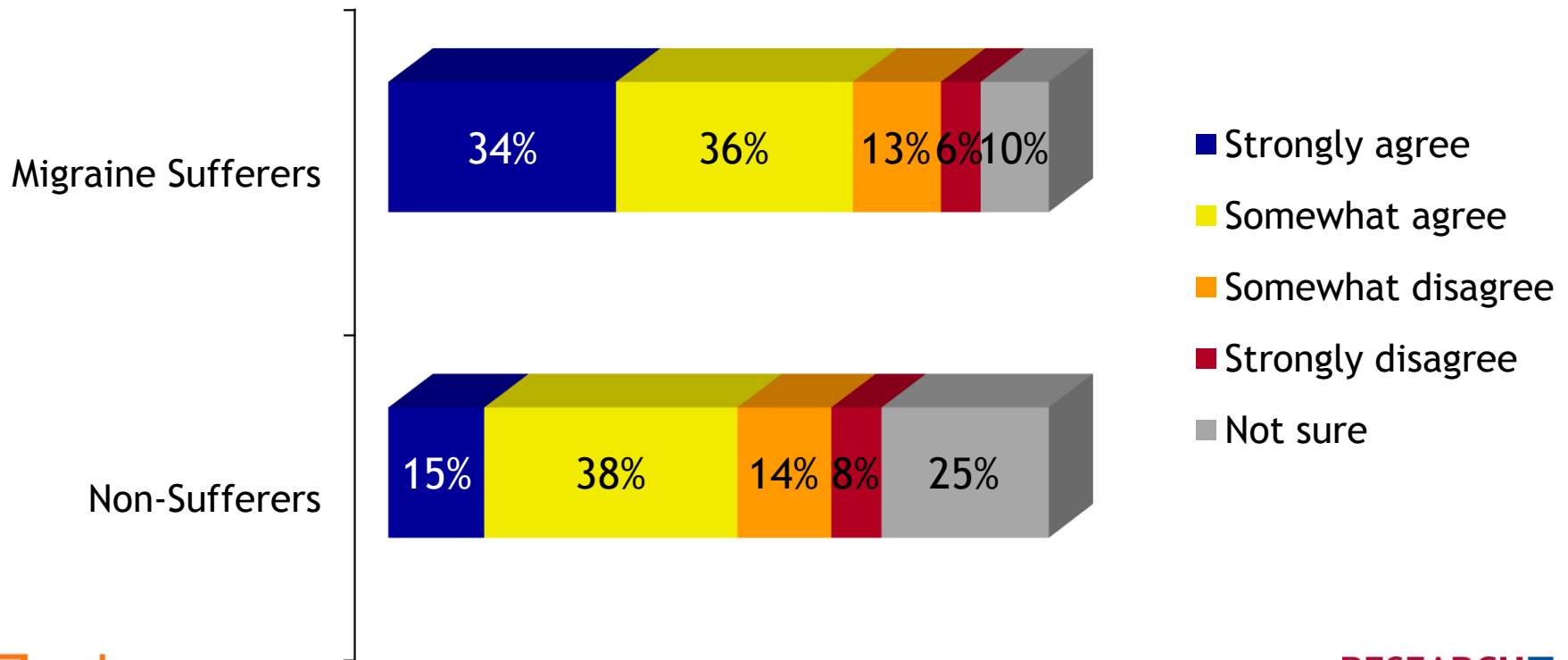
# Migraine Sufferers Agree Effective Treatments Are Not Accessible

Do you agree or disagree that... Many migraine sufferers do not have access to effective treatments?



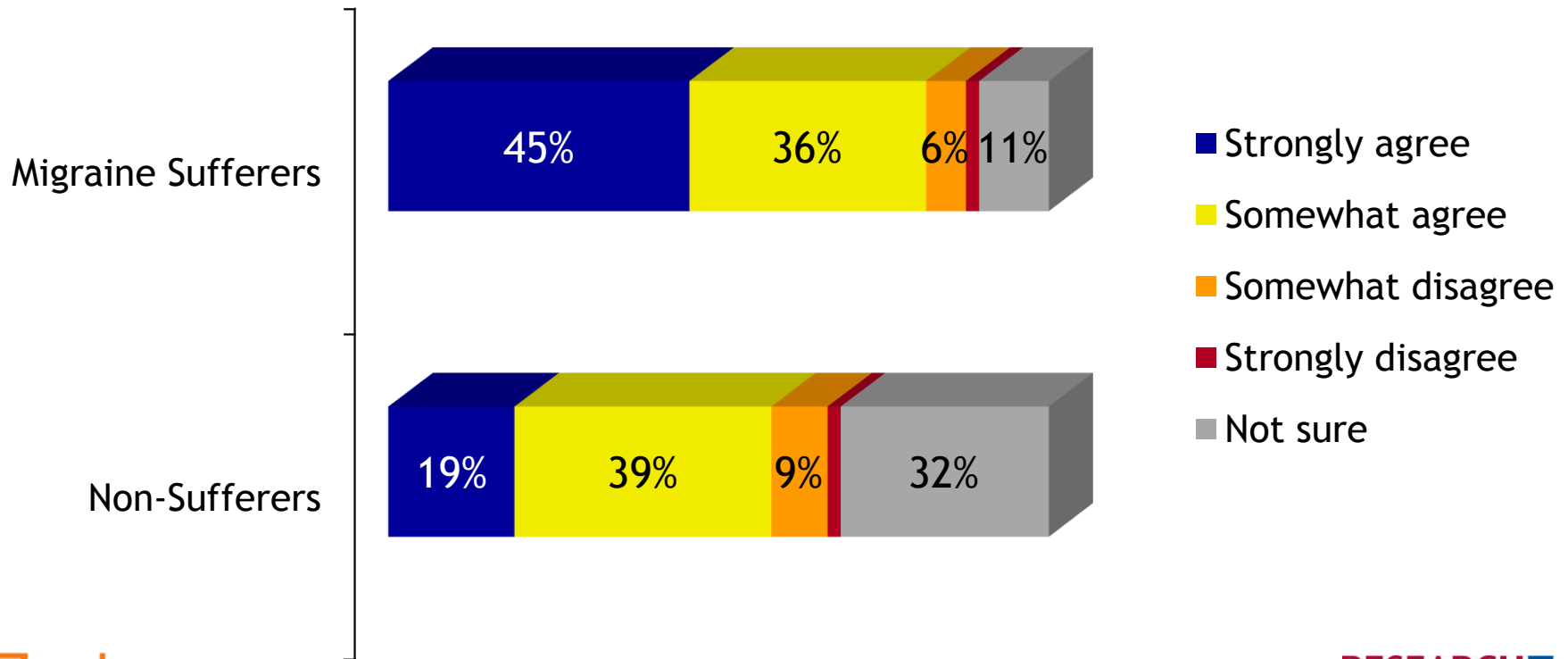
# Plurality of Migraine Sufferers and Non-Sufferers Agree Migraine is a Disability

Do you agree or disagree that migraine is a disability?



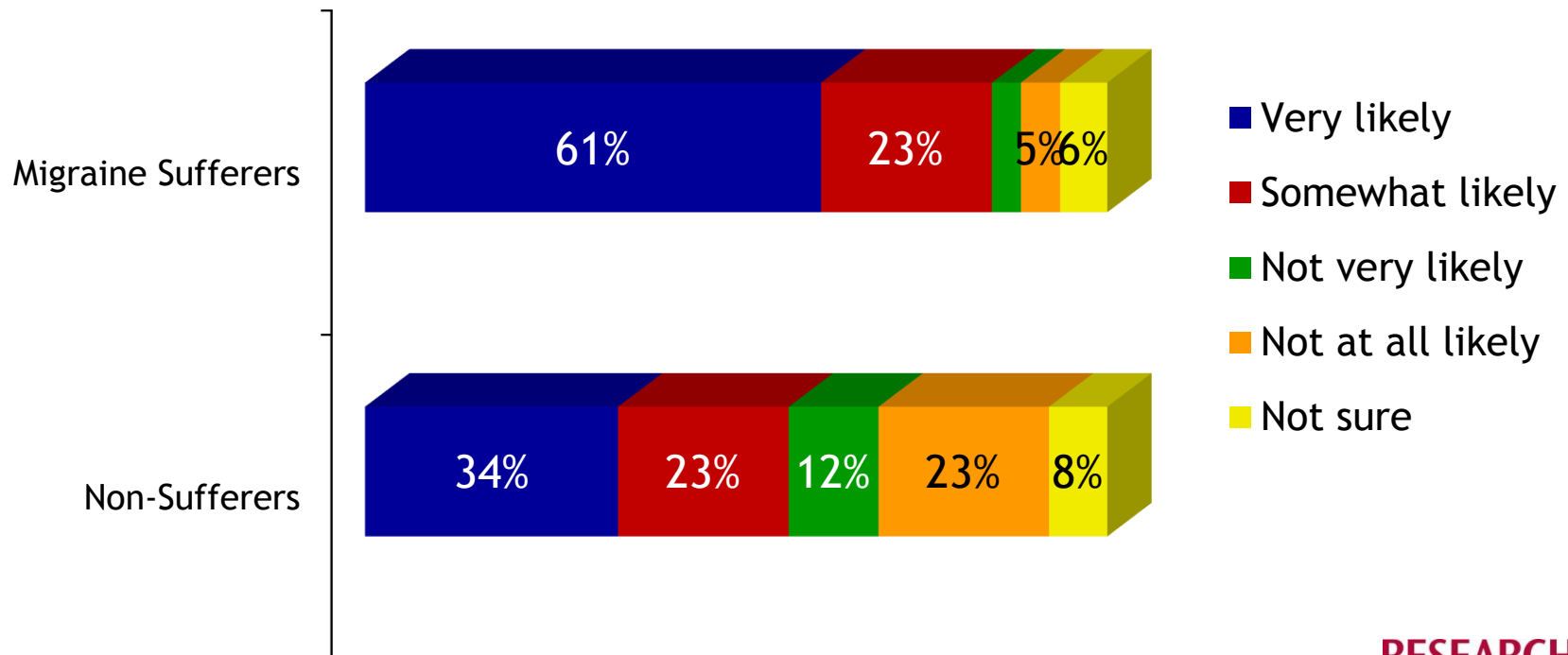
# Majority Agree Migraine Linked to Allergies, Anxiety, Depression

Do you agree or disagree that migraine sufferers often have other health conditions, such as allergies, anxiety and depression?



# Most Likely to Get An Exam for Migraine if Suggested by Primary Care Provider

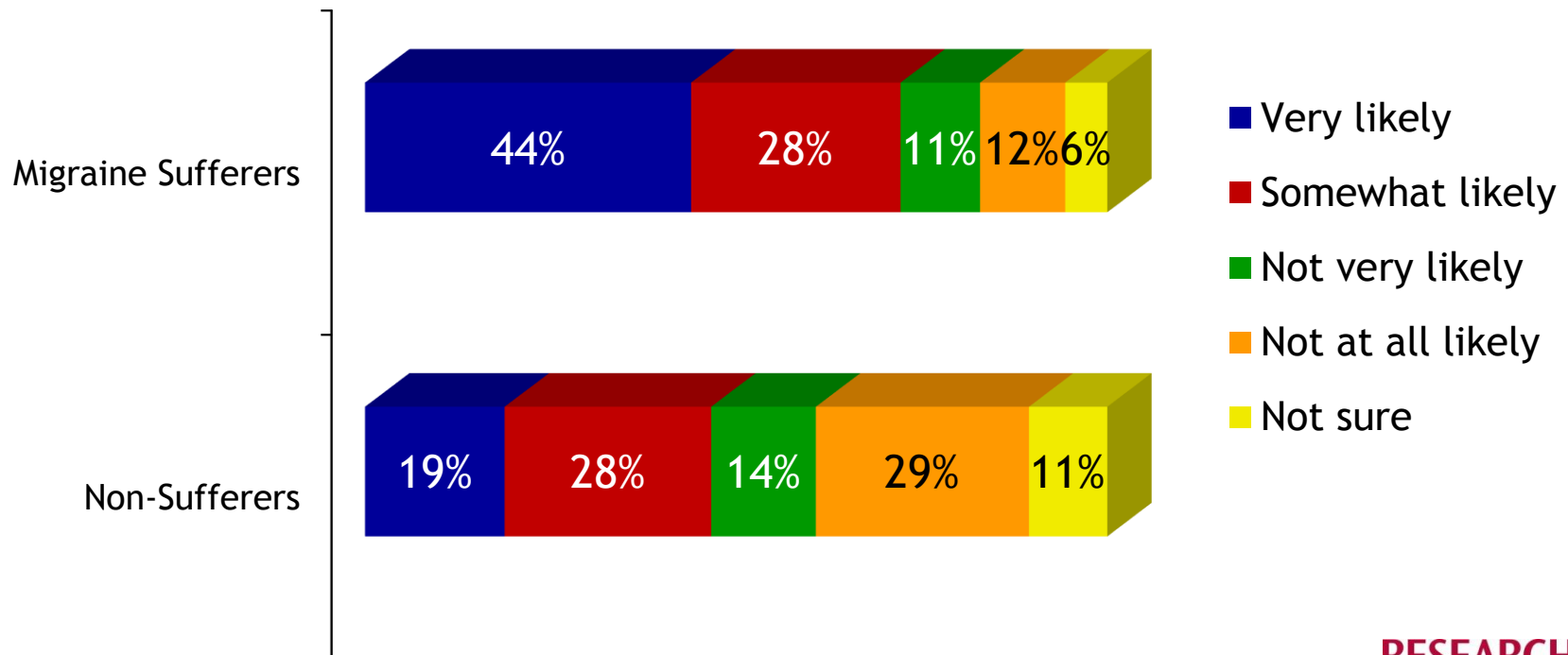
Please indicate how likely you would be to follow up if any of the following people suggested you have an examination for migraine. For each one, please tell if you would be very likely, somewhat likely, or not at all likely to have an examination — primary care provider



Source: A Research!America survey of U.S. adults conducted in partnership with Zogby Analytics in September 2017.

# Most Likely to Get an Exam for Migraine if Suggested by Family Members

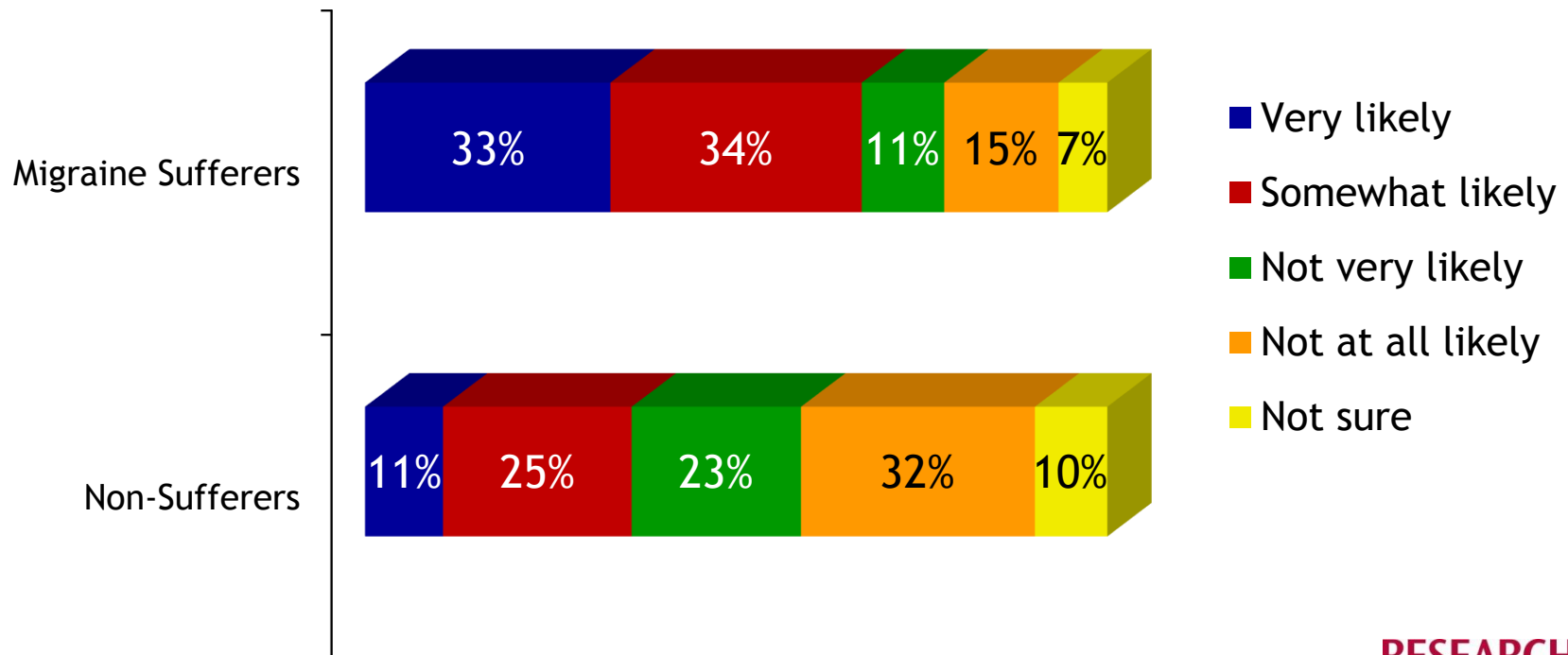
Please indicate how likely you would be to follow up if any of the following people suggested you have an examination for migraine. For each one, please tell if you would be very likely, somewhat likely, or not at all likely to have an examination – family members



Source: A Research!America survey of U.S. adults conducted in partnership with Zogby Analytics in September 2017.

# Most Likely to Get Exam for Migraine if Suggested by Pharmacist

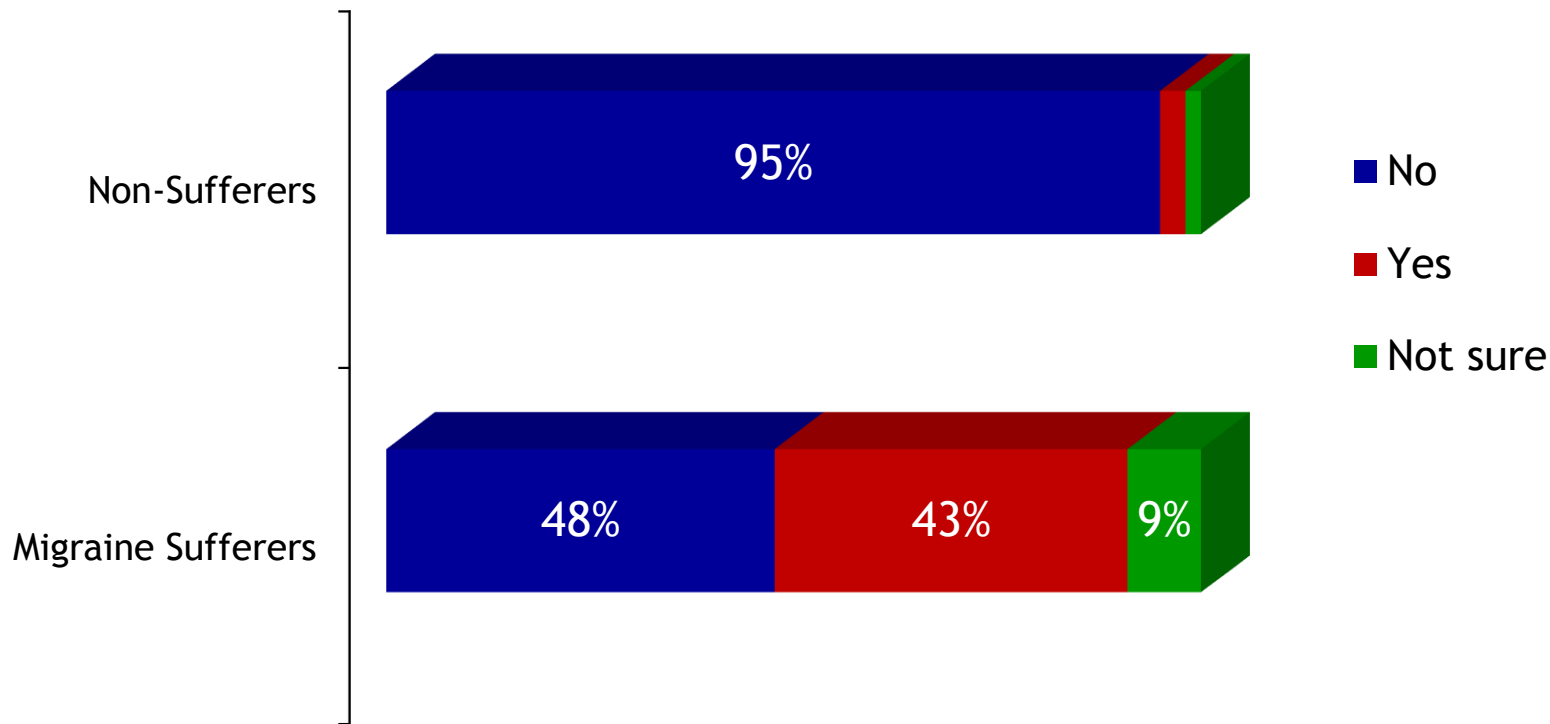
Please indicate how likely you would be to follow up if any of the following people suggested you have an examination for migraine. For each one, please tell if you would be very likely, somewhat likely, or not at all likely to have an examination — pharmacist



Source: A Research!America survey of U.S. adults conducted in partnership with Zogby Analytics in September 2017.

# Many Sufferers Have Sought Treatment for Chronic Migraine

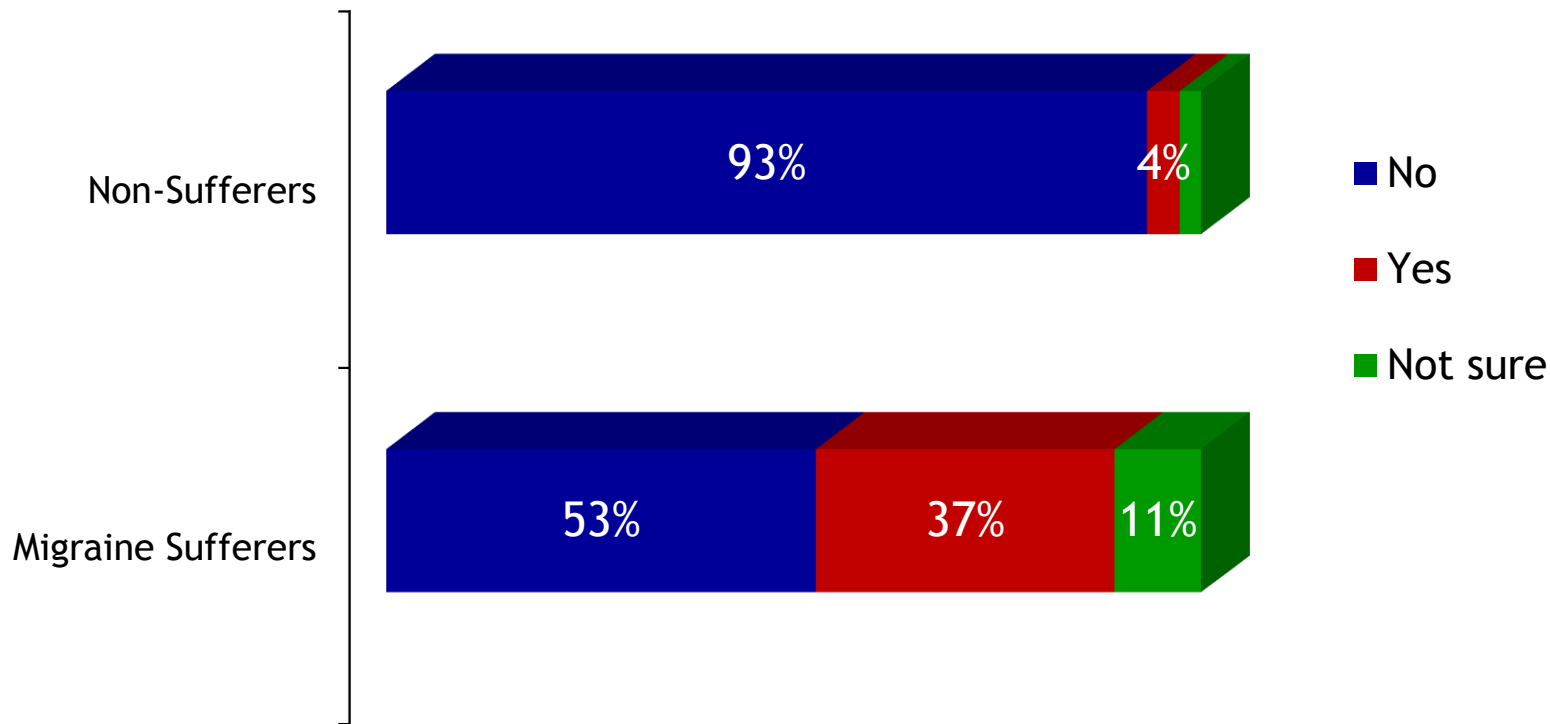
Are you seeking or receiving treatment or have you received treatment in the past from a health care provider for the following – chronic migraine



Source: A Research!America survey of U.S. adults conducted in partnership with Zogby Analytics in September 2017.

# More Than One-Third of Sufferers Have Sought Treatment for Cluster Migraine

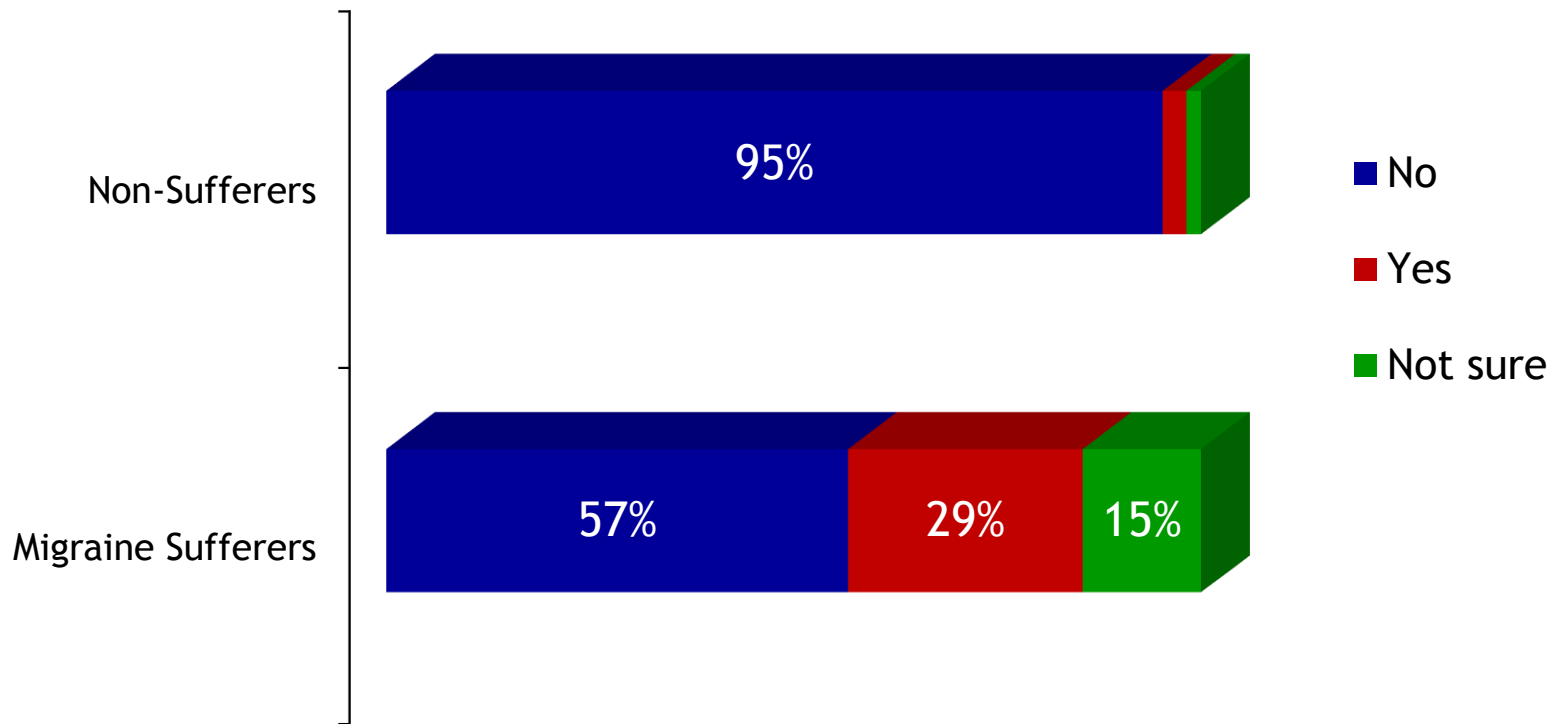
Are you seeking or receiving treatment or have you received treatment in the past from a health care provider for the following – cluster migraine



Source: A Research!America survey of U.S. adults conducted in partnership with Zogby Analytics in September 2017.

# Less Than One-Third Have Sought Treatment for Episodic Migraine

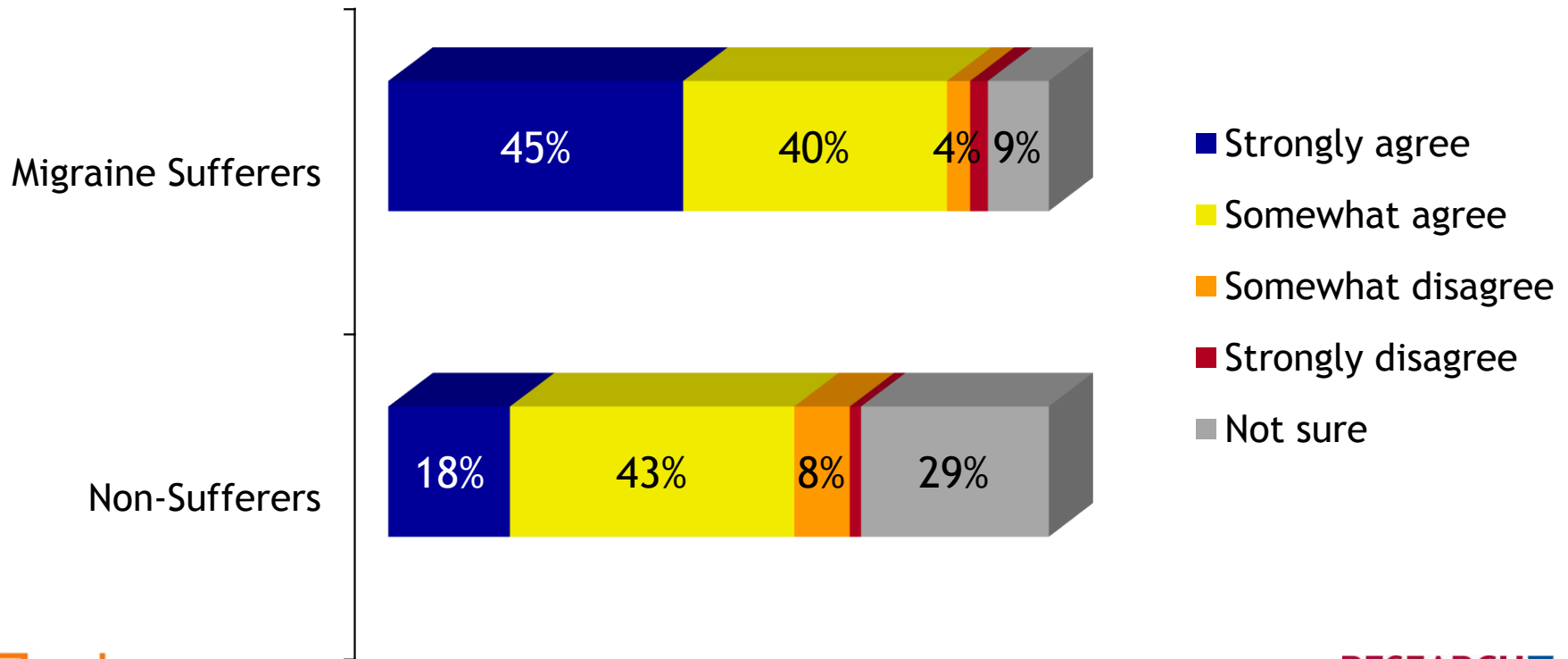
Are you seeking or receiving treatment or have you received treatment in the past from a health care provider for the following – episodic migraine



Source: A Research!America survey of U.S. adults conducted in partnership with Zogby Analytics in September 2017.

# Majority Agree Excessive Light Associated with Greater Migraine Risk

Do you agree or disagree that exposure to excessive light is associated with greater risk of migraine?



# Many Think Lack of Sleep, Bright Lights, Dehydration Trigger Migraine

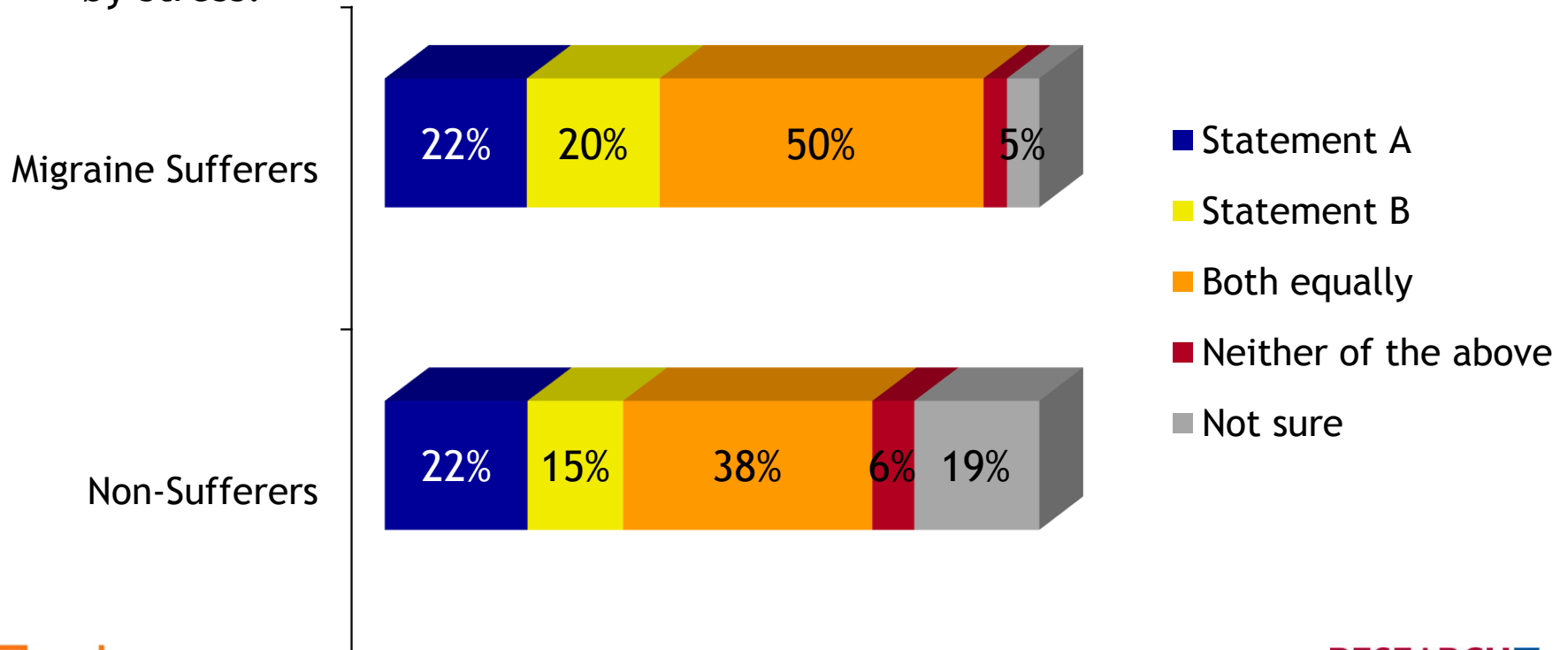
Which of the following do you think triggers migraine? (Choose all that apply)

	Migraine Sufferers	Non-Sufferers
Lack of sleep	68%	41%
Bright lights	61%	40%
Dehydration	49%	34%
Weather	41%	25%
Scents	36%	24%
Food	32%	22%
None of the above	3%	13%
Not sure	9%	31%

Source: A Research!America survey of U.S. adults conducted in partnership with Zogby Analytics in September 2017.

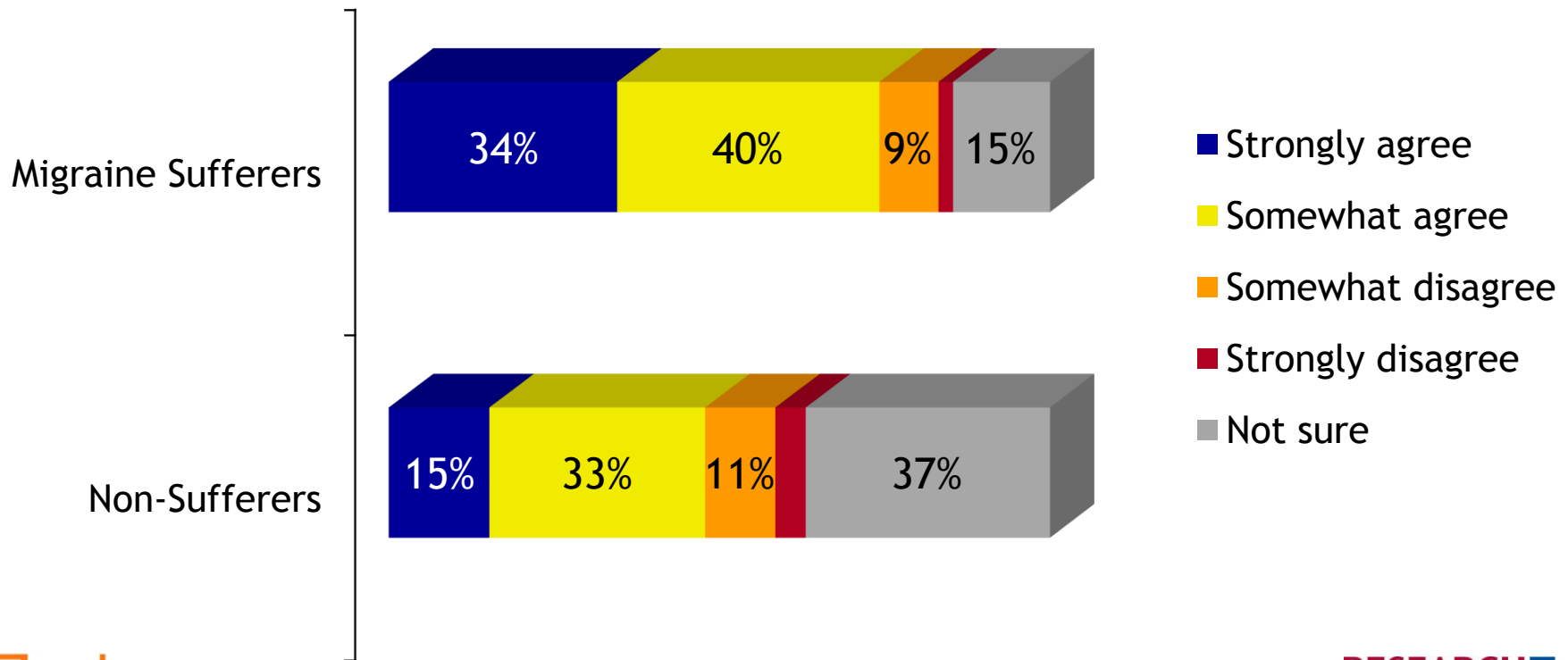
# Half of Sufferers Say Genetics, Environment and Stress Cause Migraines

Which of the following statements is closer to your view? Statement A. Migraines are most likely caused by a combination of genetic and environmental factors. Statement B. Migraines are most likely triggered by stress.



# Many Agree Tracking Tools Helpful in Managing Migraine

Do you agree or disagree that migraine tracking tools (i.e. apps, online diaries) can be helpful in managing the condition?



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