## What Concerns Men About Their Own Health?

Thinking about your own health, what health problem concerns you the most?
(\%total mention)






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## Important Health Issues Facing the Country

How important do you think the following health issues are in this country?


## Men Feel They Are Well Informed About Health Issues

How well informed do you feel you are about issues that may affect your health?

$\square$ Very well informed
$\square$ Somewhat well informed
$\square$ Not well informed

Don't know

## Men Do Not Follow Medical Research Very Closely

How closely would you say you follow news about advances in medical research?


■ Very closely
$\square$ Somewhat closely

Not too closely

Not at all
$\square$ Don't know

## Men Turn to Media Sources for Information About Research

What sources of information do you turn to for information about medical and health research? (\%total mentions)


# Most Men Have Not Talked to Their Doctor About Research 

Have you ever talked to your doctor about medical research?


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## Clinical Research is Valuable

How do you perceive the value of clinical research? (In clinical research, volunteers choose to participate to test the effectiveness of certain treatments, drugs or devices in improving the care of patients and understanding and preventing disease.)


Great Value
Some Value
$\square$ Not Much/No Value

Don't Know

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## Half Would Participate in a Clinical Research Study

How likely would you be to participate in a clinical research study?


■ Likely
$\square$ Not likely
$\square$ Would Not
$\square$ Don't know

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## Factors Affecting Participation in Clinical Research

How much of a concern would the following factors be in your decision to participate as a volunteer in a clinical research study? (Percent saying major concern)


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## Men Say They Are Well Informed

 About Men's Health ProblemsHow well informed do you feel you are about health problems that affect men specifically?


■ Very well informed
$\square$ Somewhat well informed
$\square$ Not well informed Charlton Research Company, 2004

# Men Much Less Likely to Seek Medical Treatment 

In general, who do you think is more likely to seek medical treatment for themselves-men or women?


## How Often Do Men See a Doctor?

How often do you typically see a doctor for your own health care, not including taking others to see their doctor?


## Most Men Say They Are Not Hesitant to Seek Treatment

Have you personally ever been hesitant to seek treatment for a health issue because you were embarrassed about it or because you felt there was a stigma associated with the issue?


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$\square$ Yes
$\square$ No

## Detecting Depression

Have you ever discussed the symptoms of depression with your doctor? (Men only)


## Does Depression Carry a Stigma?

Depression is a health issue that may carry a stigma for some people. In recent years, do you think the stigma associated with depression has been lifted?


■ Yes
52\%
$\square$ No
$\square$ Don't know

## Men Say Women Are More Likely to Suffer From Depression

Who do you think is more likely to suffer from depression, men or women?


## Men Are Less Likely to Seek Treatment for Depression

Research shows that men are less likely to seek treatment for depression. In your opinion, which of the following is the most likely reason?
Attitude that he can or should tough it out
Embarrassment or stigma associated with
They don't recognize the symptoms
Lack of health care or access
Nervous about seeking help

What percentage of fertility problems do you think are due to problems with the man?


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## Does Infertility Carry a Stigma?

Infertility is a health issue that may carry a stigma for some people. In recent years, do you think the stigma associated with depression has been lifted?


## $\square$ Yes

$\square$ No

Don't know

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## Important to Research Sexual and Reproductive Health

How important do you think it is for researchers to study issues that may affect your sexual and reproductive health?

$\square$ Very important
$\square$ Somewhat important
$\square$ Not very important
$\square$ Not at all important
$\square$ Don't know

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## Does Erectile Dysfunction Carry a Stigma?

Erectile dysfunction is a health issue that may carry a stigma for some people. In recent years, do you think the stigma associated with depression has been lifted?

$\square$ Yes
$\square$ No

Don't know Charlton Research Company, 2004

## Preventing Prostate Problems

Have you ever had a prostate exam performed by a doctor or other health professional?

$\square$ Yes
$\square$ No

Don't know

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