



How to Create your own District (Or State)-Specific Leave Behind

1. Click this link to open [the Research!America 1 Page NIH Leave Behind Template](#).
2. Sign into your free Canva account (you can create an account if you do not have one).
3. Change the title corresponding to the Member of Congress you will be corresponding with.
 - a. For a member of the House of Representatives, use the title “Representative.”
 - b. For a Senator, use the title “Senator.”
 - c. Insert the member’s name.
 - d. Insert the state or state (Senator) and district (House of Representatives).
4. In the section titled “The National Institutes of Health,” check:
 - a. That the NIH funding (in yellow) is updated to the most recent Fiscal Year.
 - b. That amount of money that NIH generates in economic activity (in yellow) is updated. Find the most recent information from [United for Medical Research](#).
5. In the section titled “NIH in District”
 - a. Use NIH Reporter to gather information about NIH funding in your district. A guide on how to use NIH Reporter [is linked here](#).
 - b. If you are creating this for a Senator and do not have a specific district, this is still a good place to highlight different research institutions or projects in the state. This information can be found on NIH Reporter. An alternative title here could be “NIH in Action.”
6. In the section titled “NIH in State”
 - a. Use the [United for Medical Research “NIH in Your State” Report](#) to fill in the amount of jobs, NIH funding, and economic activity generated in your appropriate state.