

How to Find Your Legislators

Finding your legislator's contact information and newsletter is a good first step to staying informed about town hall dates, local events, and updates on important issues.

Finding Your Representatives:

- 1. Visit Congress.gov.
- 2. On the right side of Congress.gov, find "Contact Your Member."
- 3. Type in your home address and click the magnifying glass.
- 4. Obtain contact information by clicking on "contact" under their address and phone number.
- 5. This will take you to their congressional website, which includes a contact page, office locations, and phone numbers.

Additional Steps to Find Your Legislator's Newsletter:

- 6. Look for a section titled "Newsletter signup" or "Email updates."
 - This is usually located on the Contact page, but it can also pop up when you first enter the page, found on the News tab, the homepage, or a sidebar.
- 7. Enter your email address and click "subscribe," "sign up," or a similar button.
 - Note: You may be required to submit other information, like your name or home address.